

# YOU MATTER.

## USE SUBSTANCES SAFELY



**YOU  
MATTER**



Talk to someone  
you trust.

If you are a  
youth who  
lives in  
Wellington  
County and  
want help and  
support for  
substance use,  
reach out to  
people who  
care and want  
to help you.

**YOU ARE NOT ALONE.**

FOR INFORMATION ABOUT  
YOUTH-FRIENDLY SERVICES  
IN WELLINGTON COUNTY,  
SCAN HERE

 **WGDS**  
WELLINGTON GUELPH DRUG STRATEGY

safe **communities**<sup>™</sup>  
wellington county

