

Substance Dependence and Addiction Services in Guelph and Wellington County

Fall, 2017

Organization <i>Google for more information</i>	Services Offered	Phone Contact Information
Alcoholics Anonymous (AA)	<ul style="list-style-type: none"> 12 step program for people who use alcohol 	519-836-1522
Al-Anon	<ul style="list-style-type: none"> Fellowship and support to spouses, adult children, partners, relatives, co-workers and friends of alcoholics/substance users 	519-836-1522
ARCH Guelph	<ul style="list-style-type: none"> Harm Reduction and Outreach Services Stay Sharp Needle Exchange 	519-763-2255 ext. 151
Community Addiction Services - Homewood	<ul style="list-style-type: none"> Family counselling Support and educational programs Individual, couple and group counselling sessions Embedded substance use counselling for youth in high schools 	Guelph: 519-836-5733 North Wellington: 1-800-661-4249 Fergus & Centre Wellington: 519-787-7015
Community Withdrawal Support Services	<ul style="list-style-type: none"> Withdrawal management for individuals who can withdraw from alcohol and/or other drugs in a safe and supportive community environment 	519-837-6892
CMHA- Here 24/7	<ul style="list-style-type: none"> 7 days a week phone line Provides intake, assessment, referral, crisis, waitlist, and appointment booking to addictions, mental health, and crisis services across Waterloo-Wellington 	1-844-437-3247
Grand River Withdrawal Management	<ul style="list-style-type: none"> Short-term, non-medical, residential support for individuals who are withdrawing from alcohol or drugs Serves Guelph & Wellington; located in Kitchener 	519-749-4318
Narcotics Anonymous	<ul style="list-style-type: none"> 12 step program for people who use narcotics and other substances 	519-651-1121

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OATC	<ul style="list-style-type: none"> • Methadone treatment for opioid use disorder 	519-822-6100
Portage Ontario	<ul style="list-style-type: none"> • 4-6 month residential treatment centre offering treatment for males and females, 18 years and under, within a therapeutic community model 	519-846-0945
Rapid Access Addiction Clinic	<ul style="list-style-type: none"> • Walk in access to Addiction Medicine Physician, addiction counsellor, and lived experience peer • All substances, all ages • Available Mondays at GCHC 	www.guelphraac.ca
Ray of Hope	<ul style="list-style-type: none"> • Day treatment for youth under 18 • Located in Kitchener 	519-743-2311
Sanguen Health Centre	<ul style="list-style-type: none"> • Community-based organization that provides services for the treatment and support of those living with Hepatitis C • Community Health Van – mobile harm reduction and primary care services 	519-603-0223
Smart Recovery	<ul style="list-style-type: none"> • Science-based addiction recovery support group, where participants learn self-empowering techniques to aid recovery through mutual-help face-to-face and online meetings and services • Hosted at GCHC 	519-821-6638
Stonehenge Therapeutic Community	<ul style="list-style-type: none"> • Long-term residential treatment for men and women, with the average length of stay ranging between 4-6 months 	519-837-1470